

Due to the Weather Forecast, the Mayor's 5K Run and Walk has been moved to Saturday, April 27—After reviewing the weather for this Saturday's Mayor's 5K Run and Walk, we are rescheduling the run to Saturday, April 27. While we wish we did not have to reschedule this great event, due to the unpredictability of our Texas spring weather, the safety of all our citizens and participants always comes first. The location will remain at the NRH Centre, 6000 Hawk Avenue and the Mayor's 5K Run and Walk will still begin at 9 a.m. on Saturday, April 27. The good news is that gives everyone a few more weeks to register! All currently registered participants have been contacted and their registration transferred to April 27. The date change and new information has been placed on Facebook, Twitter, City's Website, Calendar entries, sent out through the City Notification system and through the Race Roster registration email system.

2019 Sounds of Spring Begins in One Week—The Sounds of Spring concert series will kick off the 2109 Season at the NRH City Hall Plaza, located at 4301 City Point Drive, on Friday, April 12. The first week the audience will enjoy the Credence Clearwater Revival Tribute, **Bad Moon Rising** followed on Friday, April 19 with the classic rock hits of local band **BackRoads**.





Food is available for purchase from a variety of gourmet food trucks and the ever-popular Kids Zone with free games and crafts on site at each concert. This season, the Kids Zone will be hosted and feature Parks and Recreation Divisions along with Community Services facilities. The Kids Zone host for April 12 will be NRH2O and April 19 will feature the Richland Tennis Center. Picnic seating will be available to everyone on a first-come basis, so bring your lawn chairs and blankets. Admission is free and parking is free. Gates open at 6 p.m. and the shows starts at 7 p.m. We look forward to seeing you each Friday, beginning April 12 through May 17, 2019. More information here.

Easter in the Park on Saturday, April 13—NRH Easter in the Park will take place on Saturday, April 13, 2019 from 10:00 a.m. to 12:00 noon at Green Valley Park, 7701 Smithfield Road. Over 20,000 treatfilled eggs will cover the playing fields and there will be lots of after-the-hunt activities and fun including: train rides, petting zoo, inflatables, live stage show, games and more. Easter in the Park is sponsored by the City of NRH, Life Church, Alamo Drafthouse NRH, Compass Christian Church, and NRH and Visionary Martial Arts. The Egg Hunts



are staggered so that Ages 0-4 begin at 10:15 a.m. and 5-10 and Special Needs begins promptly at 10:30 a.m. Bring your basket and hop on over!

Mayor's Monthly Bike Rides Off to a Great Start—Great start to the 2019 NRH Mayor's Monthly bike rides last Tuesday on April 2. 100+ bicyclists enjoyed a beautiful spring evening with the ride beginning and ending at NRH2O Family Water Park. Thank you to Bicycles Inc. for pre and post ride bike checks. Next month's ride will be on Tuesday, May 7 and will begin at Bonzai Bike Shop, 5750 Davis Blvd #101. For a complete schedule of monthly rides and walks visit www.nrhtx.com/roundthetown.





New Pedestrian Bridge at HomeTown Lakes is Open—

The new pedestrian bridge over Walker Creek is officially open! NRH City Council and Parks & Recreation Board members joined officials from Arcadia Realty Corp. (the developer of HomeTown) on March 27 for a ribbon cutting celebrating the completion of the 120-foot bridge. The bridge ties into the existing Walker Creek Trail, creating a one-and-a-half-mile loop around the creek for walkers, runners and cyclists to enjoy.

<u>Save the Date: Parks and Recreation Volunteer Appreciation Lunch on April 25</u>—NRH Parks and Recreation will host the annual Parks and Recreation Volunteer Appreciation Luncheon at the Grand Hall on Thursday, April 25 at 11:30 a.m. This annual event recognizes both individual volunteers and organizations who have committed time and talents to NRH Parks and Recreation throughout 2018. Please save the date for this special event and celebration and we hope you will be able to attend.





Richland Tennis Center—April will be a busy month for RTC. RTC will host the Keller Central High School district tournament April 1-2 and the Richland High School district tournament April 4-5. April 7-8 will have RTC hosting the USTA 40+ Mixed Doubles. RTC will also host the April 2019 UTR (Universal Tennis Rating) tournament the weekend of April 13-14. April 27, RTC will be hosting the Area 11 Special Olympics tournament. Lastly, RTC will host 3 matches for THESA (Texas Home Educators Sports Association).

2019 NRH Super Hero Un-Run 0.5K benefiting Children's Literacy at the NRH Library—The NRH Library, in partnership with NRH Parks and Recreation, will host the 1st Annual Super Hero Un-Run 0.5K, a fun un-run benefiting Children's Literacy through the Friends of the NRH Library. The Super family-friendly event will be held on **Saturday, May 4 at 9:00 a.m.** at the NRH Library, 9015 Grand Ave. This unique "Un-Run" is only a 0.5K so everyone can be a hero for 1 lap! Participants are encouraged to wear their Super Hero gear and bring their Super Hero attitude. Event day parking located at the NRH Centre. So, on May the 4th Be With Us (and help kids



th Anniversary

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become Super Hero readers)! Immediately following your Super Hero lap (even if you have to stop in the middle for a donut) stay and enjoy the NRH Library's Free Comic Book Day. Register Here: http://bit.ly/2Ct6oKk. Thank you to our Super Hero Sponsors: City of NRH, Alamo Drafthouse NRH, and Generation X Comics and Games.

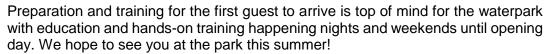
NRH Centre Celebrates 7 Years with Anniversary Specials—The NRH Centre 7th Anniversary Specials are available April 2019. Specials to include a 10% off discount on all paid-in-full memberships, a 6-month membership special including group fitness classes as well as a discount bundle card that will allow the member to take advantage of a 15% discount on personal training, massage therapy, health coaching, adult/youth programming and kids club punch passes. Each discount bundle card will be valid through December 31, 2019.

NRH WS365 Water Safety Impacting Students—City of NRH Staff presented the WS365 Water Safety Program to all of the K-5th grade students at WA Porter Elementary on Friday, March 29, 2019. They presented the WS365 A,B,C's material to the students in a fun and interactive from 8:15 a.m. - 3:00 p.m. Thank you to Vanessa and Robert Copeland for the continued drive and vision for this water safety program in NRH!





NRH₂O Hiring and Training—NRH₂O is in full swing preparing for opening day May 4th. While the 4th is our first day open to the public, the park will start hosting over 19,000 student musicians beginning May 1 – May 28. With this being the 10th year of Music Fest, NRH₂O is excited to see the highest attendance of choirs, bands, and orchestras. Volunteers from across the NRH departments help make this event one the kids will never forget.





<u>NRH Senior Center</u>—Partnering with Tarrant County Public Health, NRH Senior Center is offering "Health for Me" through the month of April. This six week program is designed to assist in strategies to live better with chronic conditions such as high blood pressure, heart disease, diabetes, arthritis and more.

National Grilled Cheese Sandwich Day will be celebrated on Friday, April 12 at 11:30 a.m. with our community partner Empower Brokerage. National Banana Day will also be celebrated with Banana Boats, a tasty treat on Wednesday, April 17 at 1;00 p.m.



Fruit & Facts with Amerilife will be offered on Thursday, April 18 at 10:00 a.m. This informal healthcare session will provide members the opportunity to get answers to healthcare questions.

Hope this is of interest and useful to you.

Vickie Loftice, Managing Director