

# Community Services Report: Senior Center

April 2019

## Senior Center Key Indicators

<b>Indicator</b>	<b>April 2019</b>	<b>April 2018</b>	<b>FY19 YTD</b>	<b>FY18 YTD</b>
Number of Classes/Programs	73	77	652	436
Program/Event Attendance	3,539	3,522	24,441	23,258
Total Attendance	3,083	2,764	19,211	18,709
Volunteer Hours	1,129	957	8,420	7,802
Average Daily Attendance	140	132	132	130

## NRH Senior Center Highlights

The NRH Senior Center continued Health For Me program, in partnership with Tarrant County Public Health, through the month of April. Dr. Kate Leary spoke on “How Foods Resemble the Body Parts They Assist” during the April 11 Wellness Seminar. Empowering Brokerage provided grilled cheese sandwiches on Friday, May 12 to celebrate National Grilled Cheese Sandwich Day. The seniors enjoyed eating banana boats on Wednesday, April 17 as we celebrated National Banana Day. Amerilife hosted our first “Fruit & Facts” Q & A on April 18. A group of seniors walked to Andy’s Frozen Custard on Friday, April 19 for a bit of exercise and sweets. USMD Senior Care provided an educational session on Thursday, April 25 “Answering 3 Questions for Better Health. The center hosted a Friday Pokeno Party on May 26.

## Upcoming Events

- May 1 & 22 10:30 a.m., Grocery Bingo
- May 6 & 20 10:00 a.m., DIY – Card Making
- May 7, 10:00 a.m., Brain Teaser Tuesday
- May 9, 11:00 a.m., Wellness Seminar, “Balancing the Mind-Body-Spirit”
- May 10, 10:30 a.m., DIY Flower Painting Jars
- May 15, 11:00 a.m., Monthly Luncheon – National Straw Hat Day
- May 16, 11:00 a.m., Kitchen Team Training
- May 17, 8:30 a.m., Double Deck Pinochle Tournament
- May 19, 10:00 a.m., New Registration Q & A
- May 22, 11:00 a.m., Front Desk Training
- May 23, 8:15 a.m., AARP Safe Driving
- May 28 11:30 a.m., Cup of Soup
- May 29, 9:00 a.m., Senior Health Fair