

Community Services Report: Senior Center

March 2019

Senior Center Key Indicators

Indicator	March 2019	March 2018	FY19 YTD	FY18 YTD
Number of Classes/Programs	77	71	579	465
Program/Event Attendance	3,982	3,441	20,902	20,152
Total Attendance	3,026	2,835	16,128	15,258
Volunteer Hours	1,450	1207	7,291	5,051
Average Daily Attendance	144	129	129	132

NRH Senior Center Highlights

The annual senior center membership survey was conducted the month of March. The survey consisted of three parts. The first part was measurable center goals; second, the affect/influence of the center to the lives of the members; finally, the third portion consisted of what members would like to see added, deleted or changed within the program. Results will be submitted to staff in May. Class Instructors and Leaders attended one of four meetings held during the month of March. This meeting consisted of general volunteer expectations and specific area requirements. The volunteer reward program was outlined and a "Get to Know Me" form was completed. This meeting was beneficial for leaders and instructors because they had an opportunity to learn about different programs offered and ask questions if needed. This process is important to help market and advertise one another's program. The NRH Senior Center teamed up with Neighborhood Services to offer an educational session regarding the Residential Energy Efficiency Program (REEP). Thirty-one seniors attended The Village of Silver Sage educational session, "Downsize your stuff and upsize your life!" AARP offered a Smart DriverTEK Workshop this month. This 90 minute program offered an interactive way for seniors to stay up to date with the latest safety technology such as blind-spot detection and front-collision warning systems. WellMed partnered with the senior center for National Ravioli Day Luncheon and our partners from Walgreens helped celebrate National Potato Chip Day. Tarrant County Public Health continued their 6-week "Health for Me" course on self-management of chronic conditions.

Upcoming Events

- April 4, 11, 18 & 25, Health for Me, Self-Management Class Series, Tarrant County Public Health Dept.
- April 5, 1:00 p.m., Rag Wreath Tutorial
- April 8, 10:00 a.m., DIY – Card Making
- April 11, 11:00 a.m., Wellness Seminar, "How foods resemble their body parts"
- April 12, 11:30 a.m., National Grilled Cheese Sandwich Day
- April 15, 10:00 a.m., Coloring with Jeana
- April 17, 1:00 p.m., National Banana Day treat: Banana Boats
- April 18, 10:00 a.m., Fruit and Facts with Amerilife
- April 19, 1:30 p.m., Walk to Andy's Frozen Custard
- April 22, 10:00 a.m., DIY – Card Making
- April 23, 11:30 a.m., Cup of Soup, Green Valley Healthcare
- April 25, 11:00 a.m., Answering 3 Questions for Better Health, USMD Senior Care
- April 26, 11:00 a.m., Pokeno Table Game Tournament