



CITY COUNCIL MEMORANDUM

FROM: The Office of the City Manager **DATE:** May 21, 2018

SUBJECT: 2018 Youth Advisory Committee Project Presentation

PRESENTER: Kristin James, Assistant to the City Manager

SUMMARY:

Members of the Youth Advisory Committee will be presenting their 2018 project proposal, "Healthy NRH."

GENERAL DESCRIPTION:

The city is fortunate to have the opportunity to use the Youth Advisory Committee (YAC) to better understand the needs of the youth within the community, as well as educate them about municipal government. One way the committee achieves this is by developing a project that will affect the youth of North Richland Hills.

The goal in having YAC complete this project was to allow members the opportunity to learn and be involved in the decision making process of local governments. It started with their ideas, and then they were required to do the necessary research, prepare the presentation and now bring it before City Council as an idea that may be pursued in the future.

In January, the Youth Advisory Committee met to discuss various ideas for the project proposal. After much discussion and debate they decided to create the "Healthy NRH" initiative. The committee spent time researching and evaluating other programs, which then allowed them to create a multi-faceted program that they feel, will touch all residents of the city. The committee believes the city can capitalize on the current city events, programs and facilities available by bringing on a larger educational aspect via social media, a website and additional free events. The program they have designed incorporates three components of healthy living – exercise, diet and preventive medical care.

As mentioned above, the primary purpose of this item is to help educate YAC members in the decision making process of local governments and to receive input from the potential future leaders of the community. This agenda item is for informational purposes and no action is being requested from City Council at this time.