



CITY COUNCIL MEMORANDUM

FROM: The Office of the City Manager **DATE:** October 10, 2016

SUBJECT: 2016 American Heart Walk Campaign Presentation

PRESENTER: Stan Tinney, Fire Chief

SUMMARY:

The 2016 NRH American Heart Walk Campaign raised \$8,865 for the American Heart Association of Tarrant County. During the City Council meeting, we will thank all of those who participated in the 2016 Heart Walk and recognize the team captains.

GENERAL DESCRIPTION:

Did you know that cardiovascular disease is the No. 1 killer of all Americans? In fact, someone dies from cardiovascular every 39 seconds! Heart disease also kills more women than all forms of cancer combined and congenital cardiovascular defects are the most common cause of infant death from birth defects.

The City of North Richland Hills is proud to support the Tarrant County American Heart Walk annual fund-raising campaign. Our NRH team participates in the American Heart walk each year to support prevention and treatment research but more importantly to provide potentially life-saving information to those who need it most. Information that can save life, like how to eat better, how to recognize the warning signs of a heart attack or stroke and how to talk to a doctor about critical health choices.

It will come as no surprise that our 2016 Heart Walk campaign was once again a success. This year's campaign officially ended with a large crowd gathering to participate in the Tarrant County Heart walk on September 10. We had 80 participants join our team and raise \$8,865.

Our Heart Walk campaign was led by team captains Cecilia Barham, Tina Earle, Nancy Holcomb, Clayton Comstock, David Smith, Mike Young and Ricky Bryant. Each team captain will tell you that this campaign was successful only because of the great NRH team members and the support of their friends and family. All of our team captains would like to thank everyone for their generous support and participation in the 2016 Heart Walk.