

# Community Services Report: Senior Center

February 2024

## Senior Center Key Indicators

<b>Indicator</b>	<b>February 2024</b>	<b>February 2023</b>	<b>FY24 YTD</b>	<b>FY23 YTD</b>
Number of Classes/Programs	66	64	337	336
Program/Event Attendance	2,864	2,290	13,921	11,997
Total Attendance	2,871	2,228	13,916	11,022
Volunteer Hours	842	699	3,913	3,402
Average Daily Attendance	144	117	132	109

## NRH Senior Center Highlights

- Sonia Ashford Insurance partnered with the center to offer prizes for Bingo on February 1, 14, and 28.
- Better Health Group provided all the fixings for the Birthday Party Celebration offered on Monday, February 5.
- Nations Insurance Solution provided “How Do You Know What You Don’t Know” on Wednesday, February 7.
- Members traveled to Addison on Thursday, February 8 to visit the Mary Kay Museum.
- National Pizza Day Celebration was held on Friday, February 9 in partnership with Caring Transitions.
- The February Lunch Bunch traveled to Coppell and Flying Fish on Monday, February 12.
- Fyzical Therapy and Balance hosted trivia and fun facts on commemoration of World Hippo Day on Thursday, February 15.
- Humana provided prizes for the Friday, February 16 Farkle Tournament.
- Humana furnished cherry fried pies in tribute to National Cherry Pie Day on Tuesday, February 20 at 12pm.
- Members traveled North to try their luck at Winstar World Casino on Thursday, February 22.
- Encompass Health offered a Fall Recovery Clinic on Friday, February 23.
- The Alzheimer’s Association offered Dementia Conversations (Talking about diagnosis with loved ones, legal issues and driving) on Monday, February 26 for a Center Lunch and Learn.
- The NRH Senior Center first Tales & Tea, *Remembering Our Members That Have Passed*, was offered on Monday February 26 with assistance from Lucas Funeral Home.

## Upcoming Events

- The NRH Senior Center **Annual Survey** will be available to complete beginning March 11 through March 31.
- March trips include **Fort Worth Botanic Garden** on Tuesday, March 5. Featured exhibits are Spring Butterflies in the Garden, Dinosaurs Around World and Seward Johnson Sculptures in the Garden. On Friday, March 29, members will visit Hula Hut in Little Elm for the Lunch Bunch activity.
- **Monthly Luncheon** – Wednesday, March 20 @ 11:00am in partnership with Back in Motion Family Chiropractic with entertainment by Tap N’ Tunes.