



Open Trail Ride at Fossil Creek Mountain Bike Trails This Saturday—NRH Parks and Recreation will host an Open Trail Ride at the Fossil Creek Mountain Bike Trails, 6101 Onyx Drive South, on Saturday, April 15, 2023, from 9:00 a.m. to 11:00 a.m. Grab your bicycle and helmet and join us and partner Fort Worth Mountain Bike Association for trail rides, raffles, food and fun! The Mountain Bike Trails include approximately 5 miles of trails, a trailhead kiosk and a small parking lot. Fossil Creek Mountain Bike Trails are a great beginner/intermediate experience for riders of all ages and a great trail for continuing to work on the technical skills of mountain biking for more advanced riders.



More info at <https://bit.ly/FossilCreekMountainBike>.

Sounds of Spring Concert Series Begins April 21—The 2023 Sounds of Spring concert series runs for 4 Fridays from April 21 through May 12. Join us for this very popular, free Friday night live music event that is celebrating its 16th season with the best bands around.

Bring your friends and family out for fun, great music and relaxation under the stars at the NRH City Hall Plaza, 4301 City Point Drive. Food is available for purchase from a variety of food trucks. Admission is free and parking is free. Gates open at 6 p.m. and the show starts at 7 p.m. Get all the details at: www.nrhtx.com/sounds

The City of North Richland Hills Presents SOUNDS of SPRING 2023 Friday Night Music Line-Up NRH CITY HALL PLAZA 4301 CITY POINT DRIVE 76180 GATES OPEN 6PM / MUSIC AT 7PM Bring your blankets & lawn chairs Free Admission • Free Parking Food Trucks on site or Bring Your Own Picnic	APR 21 BLAZE OF GLORY THE BON JOVI EXPERIENCE	
	APR 28 TEXAS FLOOD STEVIE RAY VAUGHAN TRIBUTE	
	MAY 5 ESCAPE THE ESSENTIAL JOURNEY EXPERIENCE	
	MAY 12 MOVING COLORS CLASSIC HITS	

- 2023 Sounds of Spring Line Up:**
- April 21 Blaze of Glory (Bon Jovi Tribute)
 - April 28 Texas Flood (Stevie Ray Vaughan Tribute)
 - May 5 Escape (Journey Tribute)
 - May 12 Moving Colors, Classic Hits

'Round the Town with Oscar—2023 is the 10th ANNIVERSARY season of the 'Round the Town with Oscar Monthly Bike Rides! Since the bike rides began in 2013 cyclists from the community have ridden over 600 miles at the bike rides and over 4,500 riders have participated. That is some achievement and we are looking forward to keeping it going in 2023.'Round the Town with Oscar bicycle rides and walks provide a great opportunity for you to get out in Nature Right Here, visit with Mayor Oscar Trevino and other city leaders, meet new people, and be active in North Richland Hills!

Mayor's Walks

With the 2023 season being the 10th Anniversary of 'Round the Town, there will be a walk option at the same time and same site as the bike ride. City staff will lead the walking routes on each date. All of the walking routes are trail or loop routes within or near each starting park site. The walks range from 1 to 2 mile routes.

Mayor's Bike Rides

Rides range from around 9 to nearly 13 miles in length. The route varies with each ride and includes portions of the city's trail system and our city streets. Be sure and bring your helmet along for safety. They are required on the monthly bike rides. These family-friendly rides are open to all ages.



The next Mayor's Walk/Bike Ride of the season will be on **Tuesday, May 2 at 6:30 p.m. at Cross Timbers Park, 7680 Douglas Lane.** 'Round the Town with Oscar is sponsored by the City of NRH, and Sunrise Bicycle Shop. More info at: www.nrthx.com/roundthetown.

NRH Aquatics—The 10th Annual Underwater Egg Hunt was held on Friday, April 7, 2023 with 80 registrants. All participating children received a Treat Bag and there were Special Prize Eggs in the water.



Spring Swim Lessons are underway with 202 registrants. The demand continues to be high and we had only 1 spot open with 177 on the Waitlist. Due to the increased demand of this program, four new Water Safety Instructors were recently trained.

Aquatics is hosting the April Pool's Day Water Safety Event on Friday, April 21, 2023 from 5-8 pm. There will be water safety stations set up to teach the A,B,C's of Water Safety from our NRHWS365 program. This is a free event and the stations will run from 5-5:45 pm with Splash Swim until 8 pm. This is open to all but the first 25 people to register will get a Water Safety Goody Bag. Registration is available online.

We recently certified two of our part time leadership staff to become Lifeguard Instructors and will send Amanda Dusek, Aquatics Program Coordinator and an additional part time team member to the class April 14-16, 2023.



NRH Fitness—The Growing/Nourishing Gardens program wraps up soon with the final classes on May 3 and June 7. This program is part of the Better Living for Texans/Texas A&M AgriLife Extension; a nutrition education program for adults and children that are SNAP participants and SNAP eligible. The BLT program helps people make healthy meals, improve their physical fitness, save money at the grocery store, grow their own foods and adopt better food safety.

NRH Centre Youth Programs—The second Spring session kicked off after Spring Break! Dance classes are busy preparing for the Spring Recital on May 12. Gymnastics and After School programs continue and will end just in time for Summer. Youth camps are now enrolling for summer 2023 camp offerings include science/technology, builder, fitness, art, dance, and gymnastics camps. View a full listing [here](#).



Early Childhood classes have been busy this past month. They have been studying insects! The PreK kids were able to witness the metamorphosis of their class butterflies from eggs, caterpillars, chrysalis, and one butterfly emerged during class. To top off the unit the classes visited the zoo on April 12. All the classes were wild about the animals and meeting up with all their friends to explore their habitats.

NRH Centre—the NRH Centre turned 11 on April 12, 2023! To celebrate, the NRH Centre will be running Anniversary Specials offering 10% Off all Paid-in-Full Memberships, 6-month packages for Individuals or Families with or without Group Fitness classes included, and a 2-week trial pass for all new members.

Athletics—The Athletics division has a few leagues finishing up right now. Volleyball leagues are on Tuesdays and Thursdays and Softball leagues are on Mondays, Tuesdays, Thursdays, and Fridays. The registrations for Spring II are closing this week for Softball and next week for Volleyball. Spring II Softball Leagues will begin on April 17th. Spring II Volleyball Leagues will begin on April 25th.

The NRH Centre will be offering it's next Pickleball 101 Class coming up on Monday, April 24 from 7pm to 9pm on the north side of the gym. This free class is designed to introduce new players to the game of pickleball and how it's played. Registration is required. The class is full and there is currently a waitlist.

Grand Hall—Grand Hall has a busy April! In addition to paid events Grand Hall is hosting Texas Emergency Management Classes, NRH PD Volunteer Breakfast and the Senior Center Monthly Luncheon

Richland Tennis Center— RTC has hosted several District and Regional High School tournaments from the surrounding DFW area. Region 2A was held on April 10-11 and had 100 players each day. The Region 1 tournament was held April 12-13 with over one hundred players participating each day. The new in-house adult leagues are about to start on April 24 and will run for 8 weeks. The TCAF state tournament will be held April 20 and the April UTR will be hosted on April 22-23. RTC has opened all summer classes and camps and gearing up for an exciting summer season.



NRH Senior Center— Spring is in Full Swing at the NRH Senior Center. March signals new growth and renewal. The Spring Plant Swap Soiree was held on March 23 and Master Gardener Rachel Howe discussed “container planting” while 48 members participated in swapping seedlings and plants. The NRH Senior Center Gives Back first quarter campaign ended at the end of March with over 221 items and \$243 collect for the NRH Animal Services. The second quarter campaign will be the collection of cases of water to be donated to the NRH Fire Department. Members participated in our first Spring Clean Team where bookshelves, closets, plants, and cabinets were cleaned out and inventoried. This was a weeklong activity involving many senior volunteers. Excitedly, Barfield Trail Rides began after a 2-year hiatus. The rides are provided in the 6-person golf cart and begins at Cross Timber Park. Volunteer drivers were trained in March with the rides beginning in April. The Barfield Trail Rides is available on Thursday’s at 10 am and registration is made at the Senior Center front desk. Encompass Health celebrated Peach Cobbler with ice cream and provided an educational seminar on Balance and Home Safety on April 13.



Park Operations—Park Staff and Contractors have begun fertilization, aerification and ant abatement on park facilities and athletic complexes to ensure safety and high quality turf grass.

Staff have begun seasonal maintenance improvements at NRH20 waterpark. Tree pruning, shrub pruning, plant installation and sod work are all tasks being performed over the next several weeks leading up to opening.

Park Furniture replacements at Dick Faram and Founders parks are being performed to replace weathered benches and picnic tables.

27 concrete panels on the Cottonbelt Trail have been replaced over the past two weeks. These replacements target concrete that is hazardous to trail users. Failing panels are evaluated, prioritized, and replaced throughout the Parks and Trail System annually.

If you have any questions, or for more information, please contact 817-427-6620.