

Community Services Report: Senior Center

April 2023

Senior Center Key Indicators

Indicator	April 2023	April 2022	FY23 YTD	FY22 YTD
Number of Classes/Programs	65	67	468	440
Program/Event Attendance	2,667	2,541	17,522	14,586
Total Attendance	2,543	2,544	16,334	15,120
Volunteer Hours	818	815	5,139	4,189
Average Daily Attendance	127	121	113	106

NRH Senior Center Highlights

- AmeriLife partnered with the Center to offer the April Birthday Brunch on Monday, April 3.
- Dr. Kate Leary provided a Wellness Seminar on the Importance of Good Sleep on Wednesday, April 5.
- United Healthcare partnered with the center to offer prizes for Bingo on April 6, 12 and 26.
- Nations Insurance Solutions provided a Widowed Persons Brunch on Tuesday, April 11.
- National Peach Cobbler Day was celebrated on Thursday, April 13 with Encompass Health.
- Over 60 members attended the TexRail Train trip on Monday, April 17, where we met at Smithfield Station and lunched in Grapevine.
- On Tuesday, April 18, despite the weather, 60 members picnicked at Northfield Park Barfield pavilion.
- The April 19th Luncheon was a Sock Hop with entertainment by The Back Beats Band and Lunch sponsored by McGee Law Firm. Decorations, poodle skirts, slicked back hair, Pink Lady jackets, horned rimmed glasses, white sport coat with a pink carnation and a retro candy bar were all part of the festivities.
- The Ennis Bluebonnet trip was held on Thursday, April 20.
- Troop & Davis partnered with the senior center to offer an LCR Tournament on Friday, April 21.
- Canine Companions provided an education session on the difference between Therapy and Service Dogs on Wednesday, April 26.
- Over 50 seniors attended the Balance Workshop on Thursday, April 27 provided by Fyzical Therapy and Balance.
- Trail Trek was offered on Monday, April 10 at Adventure World Park and April 24 at Walker's Creek Park.
- Healing Hands Healthcare Celebrated Blueberry Pie Day on Friday, April 28.

Upcoming Events

- **Trip to Winstar Casino** - Friday, May 5 @ 9:00am
- **Hop on Tour of Dallas and lunch at Dallas Farmers Market** – Tuesday, May 9 @ 9:00am
- **Family Feud Luncheon in partnership with Back in Motion** – Wednesday, May 17 @ 11:00am
- **Lunch Bunch to Kenny's Italian Kitchen** – Monday, May 22 @ 10:15am
- **NRH Senior Center Health Fair** – Wednesday, May 31 @ 10:00am