

Community Services Report: Senior Center

December 2022

Senior Center Key Indicators

<i>Indicator</i>	<i>December 2022</i>	<i>December 2021</i>	<i>FY22 YTD</i>	<i>FY21 YTD</i>
Number of Classes/Programs	65	60	205	180
Program/Event Attendance	1,929	1,877	7,513	6,510
Total Attendance	2,048	2,055	6,640	6,175
Volunteer Hours	715	494	2,103	1,745
Average Daily Attendance	102	103	326	101

NRH Senior Center Highlights

- United Healthcare partnered with the center to offer prizes for Bingo on December 1, 14 & 28.
- Trail Trek picked back up in December with organized walks at Tommy & Sue Brown Park on Monday, December 5 and Linda Spurlock Park on Monday, December 19.
- Senior trips for the month were Holiday themed ICE! At Gaylord Texan on December 7, SNOWDAY at the Galleria Mall on December 13 and a surprise trip for volunteers on Thursday, December 22 to Campo Verde.
- Healing Hands Healthcare hosted National Brownie Day on Thursday, December 8.
- The LCR tournament on Friday, December 9 was held in partnership with Lucas Funeral Home.
- The Second Annual Volunteer Holiday Party was held on Monday, December 12.
- Texas Rehabilitation Hospital of Keller held an educational session “Keeping Holiday Depression Away” on Wednesday, December 14.
- Adrien and Antonio treated members to homemade Gingerbread Flapjacks on Thursday, December 15, What a TREAT!
- Humana hosted Cookies, Cocoa & a Movie on Friday, December 16.
- The NRH Senior Center Singers performed a Sing-a-long on Tuesday, December 20.
- Watermere at The Preserve provided delicious ham for the December Luncheon. Entertainment was provided by Top 40 Brass.

Upcoming Events

- **Trip to Fixe Southern House** - Monday, January 23 @ 9:30am
- **Trip to Perot Museum** – Thursday, January 26 @ 10:00am
- **Luncheon in partnership with Encompass Health** – Wednesday, January 26 @ 11:00am
- **New Year, New You Educational Session by Watermere at the Preserve** – Tuesday, January 24 @ 9:45 am