

# Community Services Report: Senior Center

## November 2022

### Senior Center Key Indicators

<i>Indicator</i>	<i>November 2022</i>	<i>November 2021</i>	<i>FY22 YTD</i>	<i>FY21 YTD</i>
Number of Classes/Programs	65	59	140	120
Program/Event Attendance	2,200	1759	5,584	4633
Total Attendance	2,119	1967	4,592	4120
Volunteer Hours	689	517	1,388	1251
Average Daily Attendance	106	98	118	100

### NRH Senior Center Highlights

- Healing Hands Healthcare provided an educational session with cupcakes on November 2 for Stress Awareness Day.
- United Healthcare partnered with the center to offer prizes for Bingo on November 3 & 9.
- Troup & Davis KellerWilliams hosted National Sandwich Day on Thursday, November 3.
- Live Healthy Cooking with Tarrant Area Food Bank/Nations Insurance concluded on November 3 & 10.
- Senior trips for the month were Maple Leaf Diner in Dallas on November 7 and The Dallas Arboretum on Monday, November 14 and Thursday, November 17.
- Nations Insurance Solutions presented “Medicare Plan Changes & Extra Benefits!” on Tuesday, November 8.
- Trinity Home Health continued the monthly blood pressure check on November 10.
- Seniors were transported to City Hall on Friday, November 11 for the City Veterans Day Celebration.
- Watermere at The Preserve provided delicious ice cream treats on Friday, November 11 for National Sundae Day.
- Texas Rehabilitation Hospital of Keller provided turkey and gravy for the Thanksgiving Day Luncheon Wednesday, November 16. Side dishes were provided with funds from the September Garage Sale. Entertainment was provided by Taps n’ Tunes.
- Tarrant County College provided a seminar on senior activities offered on their campus on Friday, November 18.
- The monthly Tournament on November 18 was “Farkle” and was held in partnership with Humana.

### Upcoming Events

- **Trip to Ice at The Gaylord Texan** - Wednesday, December 7 @ 10:30am
- **Trip to SNOWDAY at The Galleria Mall** - Tuesday, December 13 @ 10:30am
- **Christmas Sing-a-long** – Tuesday, December 20 @ 12:30pm
- **Monthly Luncheon with Swingtown Music** – Wednesday, December 21 @ 11:00 am