



September 23, 2022

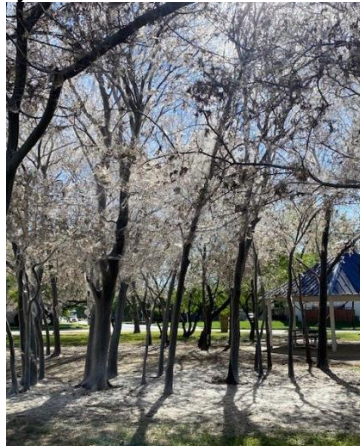
A HEALTHY, HAPPY & CONNECTED COMMUNITY WHERE EVERYONE MATTERS

**Tree Caterpillar Information**—During the past few weeks Parks and Recreation staff have become the go to source for information concerning two different species of caterpillars present here in our community. One of these affects hackberry trees, and the other affects oak trees. NRH Parks and Recreation has posted an educational campaign on social media concerning both species of caterpillars, as well as answered many phones calls, emails, social media questions, and Park Operations staff has been checking all of the parks and spaces daily.

**Information on the caterpillar affecting the hackberry trees:**

- This specific caterpillar, *Sciota celtidella*, is very host specific. It feeds only on hackberry leaves and does not feed on other types of trees or foliage.
- We first noticed the caterpillars in early August and they left; however, the heavy rains several weeks ago enabled hackberry trees to flush new growth leaves, which brought on a second wave of the caterpillars. In a short time, these caterpillars will turn into moths and be gone.
- We have been advised by several arborists that the best course of action is to let this run its course and the trees will recover. Rest assured the trees are alive and will sprout fresh green leaves.
- Today at Liberty Park, Park Operations staff saw very few live caterpillars, which indicates they should be gone soon. With wind and rain, the silk left behind will dry out or dissipate.
- Park Operations staff has been cleaning the parks daily. Sidewalks and playground spaces are clear from any debris from these insects. Staff will continue to clean the areas as needed.
- This caterpillar doesn't have a common name, only its scientific name *Sciota celtidella*, and when it grows up it will be a small pyralid moth.
- We don't see this caterpillar every summer. The last time was in 2015.
- You can learn more at <https://citybugs.tamu.edu/.../hackberry-defoliator-in.../>

Pictures Below are from Liberty Park and are of the caterpillar that affects only Hackberry Trees.



**Information on the caterpillar affecting the oak trees:**

As of this week, we are seeing caterpillars on oak trees. We have been in touch with a large tree care company, and their entomologists have determined this is a completely different species of caterpillar than the ones on the hackberry trees. Because oak are a little more temperamental to outside stressors, they are recommending that these insects can be treated with Spinosad. We recommend that, should anyone choose

to spray their oak trees, you consult with a licensed professional with the correct equipment to apply it properly into the canopy of the trees.

**Cultural Arts Hosts The Art of Music on September 29**— Artwork with a music theme will become an intrinsic part of a beautiful performance by members of the [Texas Guitar Society](#). Join us on Thursday, September 29 as we explore the deep connection that visual art and music share and enjoy a pre-performance artist's reception and art viewing before the music begins. The exhibition and concert will take place in the elegant Grand Hall at NRH Centre. 16 NRH area artists have been selected to exhibit their paintings and sculpture. The reception starts at 6:30 p.m. and will be followed by the concert at 7:30 p.m. The reception and concert are free, but tickets are required. Tickets can be obtained online at: <https://www.eventbrite.com/e/the-art-of-music-exhibition-concert-tickets-403172669307>



**NRH2O Family Water Park**— NRH2O's last day of the 2022 season will be September 24 and what a year the park has had! With record-setting attendance and revenue numbers for the season being a perk, all of the memories have been made as a team, friends made for a lifetime, and experiences shared with all of our guests, are what staff will remember the most. Thank you for your continued support and staff is already looking for a bigger and better 2023!



Doggie Beach Bash is almost here - Sunday, September 25 from 10 am to 4 pm. Say so long to summer at the ultimate pool party for you and your pooch! Paddle alongside your pup in the NRH2Ocean and Endless River. Splash with the kids in Frogstein's Splashatory and the Tadpole Swimming Hole. Relax with the whole family on the white sands of Beachside Bay.

**NRH Athletics**—NRH Centre Adult Coed Volleyball wraps up their respective seasons this next week and will resume again in November. Average Joe's Men's Basketball looks to start up again for one final 2022 season by October 3. As maintenance finishes up at Northfield Park, Adult Slow-Pitch Softball will resume and finish up before the Thanksgiving Holidays. Lastly, weekend tournaments at Walker's Creek Park continue to be a success, hosted by USA Softball.

**NRH Centre Youth Programs**—Early Childhood programs started after Labor Day! The NRH Centre was pleased to welcome 32 students into our Just for Threes and Pre-K programs. The first day of Pre-K was September 7, 2022. Kids celebrated their first day by creating art and making their own hats. The NRH Centre welcomes our new Pre-K Teacher, Mrs. Kim Kittle. She is excited about the school year and getting all the students ready for Kindergarten. Additionally, the first day of Just for Threes was September 8, 2022. We welcome back Mrs. Diane as well as fourteen 3 year olds as we kickoff the 2022 – 2023 school year. We have many exciting things planned for the Fall including Trick or Treating at the NRH Centre, a field trip to the NRH Library, and a Thanksgiving Feast. We are happy to have all our preschool programs back at the NRH Centre.







NRH Centre Youth programming is off and running for Fall 2022. Gymnastics classes are tumbling right along as we welcomed back over 100 gymnasts. Fall 2022 dance classes kicked off the week of September 12. This Fall we are offering Ballet, Tap, Jazz, and Hip Hop with Mrs. Stacey of Movin' N' Groovin' Childrens Dance and Fitness. Children will take class that will work on their coordination through the use of props and dance techniques. This Fall has brought many exciting programs to the NRH Centre including Ballet Folklorico, Fine Arts After School Class, and Lego Based STEM Afterschool classes.

**NRH Aquatics**—The Aquatics division finished up this season on another programming high note. September swim lessons finished up with 108 participants, selling out all program offerings. Registration begins September 30, 2022 for the upcoming October session. FY 22 instructional totals included 1,138 group swim lessons, 365 private lessons, and 83 specialty program registrants in our Vacation Ready and Swim Team Prep packages.

The NRH Centre Aquatics division also welcomes a new staff member, Amanda Dusek as the new Aquatics Program Coordinator. Amanda just graduated from Texas A&M Galveston in the spring and already has her first sold out group swim lessons session that is currently underway!

**NRH Fitness**—“Fall into Fitness” began this month with Healthy Home Living, Partner Yoga and a yoga-centered program called Transition into Fall (fall tea/snack recipes, meditation and breath work).

Group Fitness is doing well with 43 classes per week and online registration; classes include Yoga, Pilates, WaterFitness, Zumba, Cycle, SHINE, Kettlebell, SilverSneakers, Total Body and more. Other wellness services provided include Personal Training, Health Coaching, Nutrition/Dietitian Consultations, Massage Therapy and Private Yoga. The insurance benefit program SilverSneakers/PRIME, Silver&Fit/Active&Fit, Optum continue to thrive with over 6,700 visits each month.

New service at the NRH Centre: Nutrition Consults by a Registered Dietitian.

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Imagine that you have a high-speed racecar. Would you run it on regular unleaded? No, you wouldn't. You would give it premium or even a nitrous boost. You are that racecar. Whether your goal is weight loss, muscle building, or even managing diabetes, we can show you what to put in your tank to pass that finish line. \$75 Initial Consult; \$45 Follow up; \$30 1 week meal plan; \$30 labs/bloodwork interpretation.

**'Round the Town with Oscar**—‘Round the Town with Oscar monthly bike rides continues Rollin' on through '22! Join us for the last bike ride of the 2022 season on **Tuesday, October 11 at 6:00 p.m. at Cross Timbers Park**, 7680 Douglas Lane. This is a family-friendly ride and is open to all ages. It is a great opportunity to get outdoors in Nature Right Here and be active. Riders should bring their own personal water bottles and helmets are required for the ride. ‘Round the Town with Oscar is sponsored by the City of NRH. More info at: [www.nrthx.com/roundthetown](http://www.nrthx.com/roundthetown).



**Grand Hall**—Grand Hall looks forward to closing out a great year with over \$500K in revenue! During the 21/22 fiscal year Grand Hall hosted over 275 events, including 36 comped community events, and brought on seven amazing new employees! The team looks forward to kicking off the “busy” season in October, shattering records, and more importantly, creating memorable experiences for our NRH family and guests.

**Richland Tennis Center**— The tennis center has a busy Fall schedule lined up. Adult Fall leagues are now in full swing and our pros are in high demand between drills and private lessons to help players improve their skills and game strategy. As usual, we will be hosting our monthly UTR tournament on September 24-25.

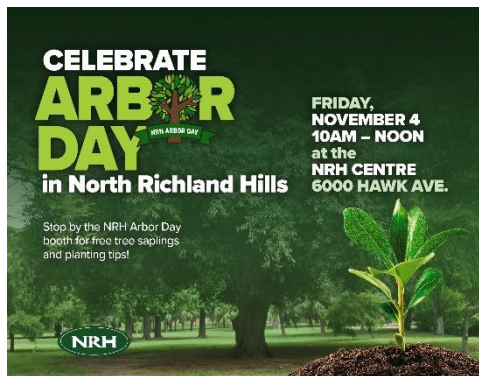
RTC will be participating in an exciting Universal Tennis Junior Circuit tournament which is a new level-based play for juniors culminating with an end-of-season District Championship. The circuit consists of 3 seasons

within the calendar year. RTC will be hosting the Fall season Qualifier on October 8-9. We anticipate seeing amazing young talent at this event.



This tournament is in addition to our monthly UTR to be held on October 22-23.

**NRH Senior Center**—The monthly tournament was held on Friday, August 19 and featured a first-time game called LCR (Left, Center, Right). The community partner was Humana. Our celebration for National Senior Citizen Day on Monday, August 22 had a very wet turn out due to torrential rains that day. Green Valley Healthcare and Texas Rehabilitation partnered with us to provide activities for the members. National Sponge Cake day was a hoot with the folks from Healing Hands Healthcare speaking on the importance of proper nutrition on Tuesday, August 23. A first-time community partner, Troup & Davis Realtors, provided yummy treats that brought back wonderful memories on National Banana Split Day Thursday, August 25. The Garage Sale team kept busy with pricing donated items, event presale days and preparations for the big event on September 9 & 10. Funds for the event will be utilized for the November and December luncheon events.



**NRH Celebrating Texas Arbor Day**—The City of North Richland Hills will be celebrating Texas Arbor Day on Friday November 4 from 10:00 a.m. to noon at the NRH Centre located at 6000 Hawk Avenue. NRH Parks and Recreation, NRH Planning, and Neighborhood Services along with Keep NRH Beautiful will be on-site to talk about the city's entire urban forestry program. The city's arborist will be there to answer tree related questions and provide information on planting and care. Thank you to Bartlett Tree Experts for sponsoring a tree giveaway of multiple species of tree saplings. Saplings will be limited, so get there early!

If you have any questions, or for more information, please contact 817-427-6620.