



Cultural Arts hosts The Art of Music on September 29— Artwork with a music theme will become an intrinsic part of a beautiful performance by members of the [Texas Guitar Society](#). Join us on Thursday, September 29 as we explore the deep connection that visual art and music share and enjoy a pre-performance artist's reception and art viewing before the music begins. The exhibition and concert will take place in the elegant Grand Hall at NRH Centre. 16 NRH area artists have been selected to exhibit their paintings and sculpture. The reception starts at 6:30 p.m. and will be followed by the concert at 7:30 p.m. The reception and concert are free, but tickets are required. Tickets can be obtained online at: <https://www.eventbrite.com/e/the-art-of-music-exhibition-concert-tickets-403172669307>



NRH2O Family Water Park—As summer 2022 is winding down, and we transition to weekends only at NRH2O Family Water Park, we would like to recognize the NRH2O team and the impact they have had on families, citizens and guests to our area. Even with many staffing challenges, as of August 14 the water park has seen 181,000 visitors this summer, which is 10,000 more than last year at this time. The NRH2O Team has remained dedicated and worked hard to provide our NRH standard of quality and service and they are to be commended.

NRH Centre—NRH Centre 10th Anniversary Specials concluded this past month resulting in record revenues for the month of July. Membership revenues improved over prior actuals by over 28%. Day Pass sales continue their strong trend with nearly 2,200 sold for the month of July improving over prior year sales by 35%.

NRH Centre Youth programming is now enrolling for Fall 2022. Offerings include youth gymnastics, dance, sports, after school/holiday camps and more! For a full list of our classes click [here](#).



NRH Athletics— NRH Centre Adult Coed Volleyball and Men's Basketball continue their late summer/early fall seasons, with playoffs starting for basketball soon and volleyball staying in mid-season form. Adult Slow-Pitch Softball at Northfield Park also continues to be a success with Mondays, Tuesdays, Thursdays and Fridays being the constant league nights. Lastly, youth fast-pitch softball tournaments at Walker's Creek Park will begin in early September, and continue through the fall season, ending before the Thanksgiving Holiday.

NRH Aquatics—The NRH Centre Aquatics division had another successful swim lesson session in July with 202 total swim lesson enrollments and a waitlist of over 75 additional kiddos! Due to a large portion of our aquatics staff returning to college at the end of August, we are in the process of needing to fulfill 28 aquatic position for the fall. Interested applicants can submit a job interest from at www.nrhcenre.com/jobs.

NRH Fitness—“Beat the Heat” wraps up this month as the fitness division provides a variety of free classes and services for members and guests. Activities include chair massage, muscle/fascia work, a Zumba/WaterFitness class, a Yoga/Restorative (cooling tips) class, Essentrics (BARRE), Be Well/Live Well from the AgriLIFE Extension and Natural Grocers providing water, electrolytes and nutrition information.

September brings more Be Well/Live Well programming (September 7) a new Health Home Living class (September 13 and 24) offering tips to remove toxins (offered monthly) and more upcoming fall programming to help members/guests transition into the change of weather and schedules (back to school programs, etc.).

Health Coaching, an updated offering at the NRH Centre, addresses key areas that affect wellness. These include: stress management, poor nutrition, inadequate sleep, physical activity. Health Coaching helps people sort out where to start and where to make small changes that grow over time. Each individual figures out how to make the changes that work for their life.

Richland Tennis Center—RTC is winding down our summer programs and getting ready for fall. The annual NETT Fall Tournament will be held August 22-24 and the next UTR tournament will be August 27-28. The junior and adult classes will begin August 29. We are excited that Friday night leagues will start back up with the new session beginning August 29.

Grand Hall—The Grand Hall has over 45 events currently on the calendar in September and October to close out the fiscal year. As well, the Grand Hall celebrates a full staffing roster after post-pandemic challenges and is now ready for the busy fall season!

NRH Senior Center—The Senior Center threw a Hawaiian Luau for the July Luncheon. Polynesian dancers performed and provide history of many of the dances. “Lemonade & Linguistics” was held July 21, where Lemonade and Arnold Palmers were served, while members participated in spelling games and a Bee. “Floats and Notes” was held July 28 and featured root beer floats while members played classic tv theme song trivia. A sing-a-long of Gilligan’s Island and The Beverly Hillbillies was a hit. In August the center celebrated all the artistic talent of our members. An Art Exhibition Luncheon was held August 17 showcasing 74 works of art by 27 of our members. Additionally, 208 food items and \$81 were collected for the Legacy Church of Christ Food Pantry and 10 - \$20 gas gift cards donated for the “I Can Still Shine” Women’s shelter.



If you have any questions, or for more information, please contact 817-427-6620.