

## PARK AND RECREATION BOARD

# **NEWSLETTER**

November 2025



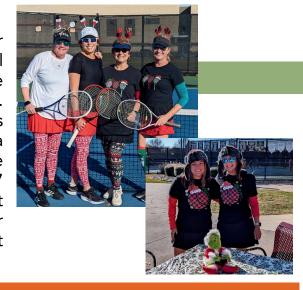
#### NRH2O FAMILY WATER PARK

Season passes for the 2026 summer are now on sale, and NRH2O is offering even lower prices than last year, as well as additional buddy tickets for guests renewing 2025 passes. Residents and employees of the City of North Richland Hills also receive an additional discount on passes and day tickets.

Staff is hard at work winterizing the park, completing projects, attending community events to ensure the park stays top-of-mind, and continuing education with webinars, local association meet-ups, and education sessions.

#### RICHLAND TENNIS CENTER

Richland Tennis Center is planning the 21st Annual Toys for Tennis Tournament on December 13. The tournament will include food, fun and prizes. All toys collected will benefit the NRH Community Enrichment Center. RTC is hosting a U.S. Tennis Association Tri-Level event on November 7 and 8. This tournament will include teams around the DFW area competing at three different levels. KATCH (Keller Alliance Tennis Charter) will run its yearly tournament November 17 and 18. RTC will have the last session of the year for adult leagues running from October 21 – December 11. The junior program will start October 27 – November 21 and their last session will run December 5 – 19.





#### **PARK MAINTENANCE & OPERATIONS**

Park Operations staff have a multitude of things happening around town. Infrastructure repair projects for the new fiscal year are beginning. Projects such as the Lakes of Hometown Dock Replacement, Cottonbelt Trail concrete repairs, NRH Centre drainage, and Cross Timbers building paint are all in various stages from bid solicitation to implementation. Athletics are running smoothly across all sports and pavilion rentals are booked through the entire weekend at several sites. Operations staff also provided support for Pumpkin Point with not only the event setup, but the construction of several components that were utilized during the event.

#### **NRH CENTRE**

NRH Centre staff is working on the next wave of membership specials that will deploy in late November. Specials will include a 2-Week Trial Membership that will allow guests to experience all the NRH Centre has to offer prior to making a membership purchase. Discounts will include 10% off Paid-in-Full Memberships as well as 6-Month Membership Packages for both individuals and families, with or without Group Fitness Classes.

#### NRH YOUTH

Pre-School and 3's just completed their field trip to the NRH Library. Students, parents and siblings enjoyed story telling by NRH children's librarians and learning about what the library offers and how it functions. The students also completed a unit on caring for animals and were visited by Miss Frida to learn about all about therapy and other working dogs! Students also investigated signs around the NRH Centre and made observations about their meaning and importance. Gymnastics and dance, Karate, after school Art with Ms. Candice, as well as STEM classes in coding, robotics and engineering are popular again this fall. Family Art night is a new class offered in October as well as the upcoming Fall cookie decorating featuring airbrushing technique.







#### **NRH ATHLETICS**

Softball Registration is closed for the fall season. Offerings include Monday Men's E, Monday Men's Church, Thursday Men's E Doubleheader, and Sunday CoEd Doubleheader Leagues. Pickles n' Paddles Pickleball league began on Wednesday, October 22 and will run through the third week in December. The league is sold out for the 7<sup>th</sup> consecutive time with 32 2-person teams. Offerings include a Recreation, Intermediate, and Competitive division.

The Fall session of the Volleyball league begins on Tuesday, November 4 and Thursday, November 6. With the holidays around the corner, the fall season runs through the new year. Offerings include Tuesday Intermediate A, Tuesday Intermediate B, and Thursday Recreational. Gutterball Bowling League began their Fall Season on Tuesday, September 23 and finished on Tuesday, October 28.

#### FITNESS AND WELLNESS

The Fitness Division is excited to introduce Fascia Stretch Therapy™ (FST) - a unique, pain-free, assisted stretching system now available to our members and guests. Unlike traditional stretching methods that focus on individual muscles, FST targets the fascia and joint capsules to release tension and improve flexibility, balance, agility, and overall performance. This gentle yet effective technique promotes better movement, reduces pain, and enhances sleep quality while helping to relieve stress, providing a truly holistic benefit for both body and mind.

To round out the Fall 2025 season, the Fitness/Wellness Division is offering a well-balanced lineup of classes and personal training programs designed to support overall wellness and functional fitness. Group classes include Free Community Yoga, Strength Circuit: Rack to Results, Fitness & Vitality, and Candlelight Yoga. The following personal training series includes: Posture Perfect, Joint Health & Pain Relief, Core Strengthening, and Mobility & Flexibility. The Division supports all populations through specialized training for older adults and individuals on the autism spectrum, and the Centre's registered dietitian and certified trainers provide expert guidance in nutrition and overall wellness. Together, these offerings create a complete, holistic program focused on helping the community move well, feel well, and live well.

### NRH AQUATICS

The Aquatics division wrapped up October Swim Lessons on Thursday, October 23. There was a total of 90 students who participated in swim lessons in October. November Swim Lessons registration is underway with the session starting the week of November 3. There is a Mini Private Lesson session that will begin on Monday, November 3. Splash Flix was a success with 93 participants. The movie was selected by the NRH Centre Facebook audience and was The Nightmare Before Christmas. There were activities before the movie started. Inner tubes were provided for the guest's enjoyment of the movie while in the water. NRH Centre Aquatics is planning the next Splash Flix event for December 12.



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#### **CULTURAL ARTS & EVENTS**

#### **FALL AT THE HALL**

Fall at the Hall brought the spirit of autumn to life at North Richland Hills City Hall Plaza with a month of free, family-friendly events that drew strong community participation. The Autumn Sounds Concerts on were a seasonal favorite, with residents gathering to enjoy live music in a relaxed, festive atmosphere. The Fall Movies at the Plaza event also drew a great crowd, as families cozied up with popcorn and warm drinks to enjoy *Hocus Pocus* under the stars.

Throughout October, the Pop-Up Art Gallery Seasons of Change showcased the talents of 18 local artists, with a well-attended opening reception that gave guests the opportunity to meet the artists. Meanwhile, the NRH City Hall Plaza became a go-to destination for fall-themed photos, with pumpkin scenes perfect for capturing seasonal memories.



#### **PUMPKIN POINT**

NRH Pumpkin Point wrapped up the inaugural Fall at the Hall series with a vibrant celebration that brought the community together at the NRH City Hall Plaza. The night was filled with the sights and sounds of fall as families arrived in costume to enjoy an evening of festive fun. From live entertainment and seasonal crafts to games and photo-worthy moments, the event created lasting memories for all ages.

The success of Pumpkin Point and the entire Fall at the Hall series was made possible through the incredible collaboration of multiple city departments. Their dedication to planning, safety, and on-site support ensured a smooth and welcoming experience for everyone. Volunteers served from local organizations including: Birdville ISD students, National Charity League, NRH Youth Advisory Committee, HEB EMT/Fire Students, Keep NRH Beautiful, Friends of the Library, Individual Citizens, and CPAAA all played a vital role, generously giving their time to help bring the event to life.

Community partnerships added another layer of support, with local businesses contributing through sponsorships and in-kind donations. As the final event of the season, Pumpkin Point was a true reflection of what makes NRH special: a community that comes together to celebrate, support, and share the spirit of fall.

#### **UPCOMING EVENTS**



#### VETERANS DAY CELEBRATION

The City's 18th Annual Veterans Day Celebration to honor those who have served in the armed forces will be on Tuesday, November 11 at 11 a.m. The celebration will be held in the NRH City Hall Lobby, 4301 City Point Dr. and will include a wreath of honor, NRH Police and Fire Honor Guard presenting the colors, patriotic music and performances and a keynote address by Mr. Johnnie Yellock II.

Mr.Yellock spent nearly seven years, deploying twice to Afghanistan, as a United States Air Force Special Operations Combat Controller. He was a certified air traffic controller, static-line and free-fall jumper, as well as a U.S. Army qualified combat scuba diver. His journey is one of significant transformation after being wounded in combat in 2011 and subsequently medically retiring from active duty in 2013 as a Staff Sergeant. His awards include the Bronze Star, the Purple Heart, Two Air Medals and the Combat Action Medal.

#### HOLIDAYS ON HAWK

Starting November 24 to January 4, take a stroll down Hawk Avenue to enjoy thousands of twinkling lights, the city's 46-foot-tall Christmas Tree and other holiday scenery at the Holiday Lights on Hawk. The lights come on nightly at dusk, about 5:30 p.m. The area provides many opportunities for your holiday photos, so don't forget your camera!



#### NRH CRISTMAS TREE LIGHTING

Join us to kick off the Christmas season with the NRH Christmas Tree Lighting on Thursday, December 4 from 6 p.m. – 8:30 p.m. in Stormy Plaza Park, 9010 Grand Avenue. In addition to the tree lighting and a spectacular DRONE light show, SANTA will be visiting with families and posing for photos. There will also be crafts for youngsters to make and take, choirs singing, hot chocolate, coffee and food available for purchase. The area provides many opportunities for your holiday photos! Thank you to our Tree Lighting Partners: Family Pet Clinic of NRH, B&B Theatres, Thorne Family Dentistry, Hounds Town NRH, Wing Drone Delivery, Larry Stinson Plumbing, Hammerhead Roof, Little Tyke Childcare and Cross Church.





#### **RUN RUN RUDOLPH FAMILY 5K**

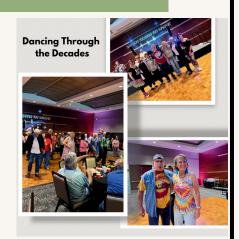
Saturday, Dec. 6 | 8 a.m.

Families and friends will share holiday spirit and enjoy fitness and fun at the annual Run Run Rudolph 5K. This untimed, fun run benefits the NRH WS365 Water Safety Program. The run will begin and end at the NRH Centre, 6000 Hawk Ave. Participants are encouraged to dress in fun and festive holiday attire! Register early by Friday, Nov. 23 for the best rate.

Run Run Rudolph Registration.

#### **NRH SENIOR CENTER**

September was a standout month at the NRH Senior Center, highlighted by the hugely successful NRH Senior Garage Sale, which raised over \$17,000. These funds will support the November and December luncheons as well as special programs at the center over the next four years. Special thanks to the Planning Team, led by members Kenny and Debbie Schmidt, whose enthusiastic leadership and dedicated team made it all possible.



In recognition of National Senior Center Month, the Center hosted a lively afternoon filled with dancing, laughter, and new friendships. The "Dancing Through the Decades" party was a tremendous hit, thanks to the thoughtful planning of the member-led team for the second year in a row. The festivities included a DJ, dance floor, delicious food, and a photo booth, making it a truly memorable event.



Community Partner opportunities for 2026 opened on October 10, 2025, and the partnership slots are now over halfway filled.

The NRH Senior Center Craft Fair held on October 29 and 30 wrapped up the month with excitement. Each day showcased work from 51 local senior artisans, giving the community a great chance to get a head start on holiday shopping. Over 800 shoppers came through the craft fair over the two days.

#### **GRAND HALL**

In addition to hosting a booth at the Fall at the Hall activities, staff was very busy hosting a variety of events at Grand Hall including educational workshops, corporate trainings, a quinceañera and weddings/receptions. The largest events held were the Fort Worth Community Credit Union Annual Conference, Fort Worth Project Management Institute Annual Chapter Event, F-35 Corrosion Prevention Advisory Board Multi-Day Meeting and a Halloween Speed Puzzling Event. NRH City events included the NRH Police Department Promotional Ceremony, Monthly Senior Center Luncheons, Senior Center Dance, Senior Center Craft Fair, Flu Shots, the Witches Brew and LEAN Training.



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