

Community Services Report: Senior Center

September 2025 (Xplor Software Implementation Continues)

Senior Center Key Indicators

Indicator	September 2025	September 2024	FY25 YTD	FY24 YTD
Number of Classes/Programs	65	75	840	829
Program/Event Attendance	2,705	3,077	34,943	34,673
Total Attendance (<i>scan rpt</i>)	2,276*	2,922	32,515*	33,600
Volunteer Hours	1,138	757	8,882	8,798
Average Daily Attendance	142*	146	132*	134

***End of year attendance scan numbers vary due to Xplor Software**

September NRH Senior Center Highlights

- The NRH Senior Center Garage Sale was held on Friday, September 5 and Saturday, September 6. The final total for funds raised during these events was \$16,900.75 that will be utilized for November and December monthly luncheons and programming for the next three years.
- Healing Hands Healthcare joined with the Center to celebrate September Birthdays on Monday, September 8.
- Palm Primary partnered with the Center for a month of Bingo offered on September 10, 11, and 24.
- Members attended the Texas Rangers vs the Milwaukee Brewers game in Arlington, Texas on Wednesday, September 10 and Boo Rays's of New Orleans on Monday September 15.
- The Annual Flu Shot Clinic was offered by Tom Thumb on Tuesday, September 16.
- Suzi McAlpine Medicare partners with the Center for National Cinnamon Raisin Bread Day on Tuesday, September 16.
- Nations Insurance Solutions provided food for luncheon on September 17. Center member, April Dunbar, spoke about her career working with nuclear weapons for the government.
- CenterWell provided a workshop on Breathing Techniques and Chair Yoga on September 18
- The bi-annual Plant Swap Soiree and educational program was held on Thursday, September 18.
- Senior Living Advisors came together with the Center to offer a fun Pokemo Tournament on Friday, September 19.
- Fall Prevention Week activities included Monday's "Understanding Fall Risks" by Medical City North Hills, Tuesday's "Home Safety" program presented by Vital Caring Group, Wednesday's Balance and Strength activity lead by River Oaks Healthcare, Thursday's "The Importance of Vision, Footwear and Medications" by MidCities Pharmacy and Friday's review and Fall Prevention Bingo lead by the Fall Prevention Team.
- The NRH Senior Center celebrated National Senior Center Month with "Dancing Through the Decades" Party and Dance on Wednesday, September 24 from 4-6pm.
- Primerica Financial celebrated National Hot Mulled Cider Day on Tuesday, September 30.

Upcoming October Events

- **NRH Senior Center Craft Fair** Wednesday and Thursday, October 29 and 30 from 10am – 6pm.
- **Halloween Luncheon** offered on Wednesday, October 15.
- **October Trip:** Empowering Seniors October 2, State Fair of Texas October 9 and BOO!mont Hotel at Galleria Mall on October 21.