

Community Services Report: Senior Center

October 2023

Senior Center Key Indicators

<i>Indicator</i>	<i>October 2023</i>	<i>October 2022</i>	<i>FY23 YTD</i>	<i>FY22 YTD</i>
Number of Classes/Programs	73	75	73	75
Program/Event Attendance	3,397	3,384	3,397	3,384
Total Attendance	2,885	2,473	2,885	2,473
Volunteer Hours	912	699	912	699
Average Daily Attendance	131	118	131	118

NRH Senior Center Highlights

- Healing Hands Healthcare provided a healthy start to the day for October Birthday Brunch on Monday, October 2.
- Barfield Trail Rides started back on October 2 ,9,16, 23 and 30.
- Members visited the Bavarian Grill in Plano for lunch on October 3 and The State Fair of Texas at Fair Park in Dallas on October 5.
- Adult Protective Services offered a Lunch & Learn on October 4 regarding Seniors and Financial Exploitation.
- United Healthcare partnered with the center to offer prizes for Bingo on October 5, 11 & 25.
- Widowed Persons Brunch was held on Tuesday, October 10 in partnership with Nations Insurance Solutions.
- Buffer Insurance provided a snack for the seniors on Mental Health Day, Tuesday, October 10.
- The monthly Tournament for October was Pokeno. Fyzical Therapy & Balance provided the winning prizes for the event.
- Nations Insurance Solutions offered an educational session in October regarding “How Do You Know What You Don’t Know?” in regards to Medicare coverage.
- Humana celebrated October 17 National Pasta Day with a very unusual “dessert” pasta. There were mixed reviews.
- Suzi McAlpine, Insurance Broker supplied the lunch and donned a costume along with 125 of the members for the Monthly Luncheon and Halloween Costume Contest on Wednesday, October 18.
- Fyzical Therapy and Balance lead an exercise workshop centering on balance and strength.
- Ashford Insurance celebrated National Pumpkin Day with pie for the members on Thursday, October 26.
- The Annual Senior Center Craft Fair was held on Wednesday, October 25 and Thursday, October 26 in the Grand Hall.

Upcoming Events

- **Trips to Fort Worth Zoo, Medieval Times, and Winstar are scheduled for November**
- **Monthly Luncheon – Wednesday, November 15 @ 11:00 am**
- **The “NRH Senior Center Gives Back” 4th Quarter Campaign of toy collection for the Community Enrichment Center continues through the month of November and concludes at the end of December.**