

# Community Services Report: Senior Center

January 2026

## Senior Center Key Indicators

<i>Indicator</i>	<i>January 2026</i>	<i>January 2025</i>	<i>FY26 YTD</i>	<i>FY25 YTD</i>
Number of Classes/Programs	58	63	324	288
Program/Event Attendance	2,204	2,706	13,962	12,165
Volunteer Hours	510	565	3,474	2,676

## NRH Senior Center January Highlights

- Kicking off 2026, the NRH Youth Advisory Committee met with registered senior members to help them with their Smart devices on Monday, January 5 Tech Talk with Teens.
- RAM Insurance Services sponsored BINGO on Thursday, January 8, Wednesday, January 14 and Wednesday, January 28.
- The Monthly Luncheon was held on Wednesday, January 14 with RAM Insurance hosting BINGO at the event.
- Members visited COSM in Grandscape for "O" by Cirque De Soleil on Thursday, January 15. On Friday, January 23, members visited Whiskey Cake Kitchen & Bar at Alliance.
- National Cheese Lovers Day was celebrated on Tuesday, January 20 at 2 PM by RAM Insurance Services.
- Tarrant County Public Health provided an educational seminar on Heart Health Awareness with Blood Pressure Screening on Thursday, January 22.

## Upcoming February Events

- **Simple Steps for Better Nutrition** – Monday, February 16
- **Celebrating Those We Have Loved & Lost** – Monday February 16
- **Monthly Variety Show Luncheon** – Wednesday, February 18
- **December trips** will include Juicy Dumpling Lunch Bunch on Tuesday, February 3 and Shopping at Ikea on Thursday, February 26. The Winstar Casino trip that was cancelled in January due to weather was rescheduled for Thursday, February 5.