

Community Services Report: Senior Center

April 2024

Senior Center Key Indicators

<i>Indicator</i>	<i>April 2024</i>	<i>April 2023</i>	<i>FY24 YTD</i>	<i>FY23 YTD</i>
Number of Classes/Programs	74	65	482	468
Program/Event Attendance	2,868	2,667	19,572	17,522
Total Attendance	2,920	2,543	19,125	16,334
Volunteer Hours	864	818	5,504	5,139
Average Daily Attendance	133	127	132	113

NRH Senior Center Highlights

- Sonia Ashford Insurance partnered with the Center to offer prizes for Bingo on April 4, 10, and 24.
- Troup and Davis Realty provided all the fixings for our monthly Birthday Party Celebration offered on Monday, April 1.
- On Tuesday, April 2, members learned how to Prepare their Homes of Summer by Homer Handyman.
- Tarrant Area Food Bank in partnership with Nations Insurance Solution offered a six-week Healthy Eating Class with lecture and demonstration.
- The Seniors traveled to Theater Arlington for a performance of Alice in Wonderland on Tuesday April 9.
- On Friday, April 12 the NRH Senior Center Gives Back Team hosted a Splish Splash Pool Party to raise money for the NRH Fire Department water bottle drive.
- Nations Insurance Solution offered a Widowed Persons Brunch on Tuesday April 16.
- The April Monthly Luncheon featured the Back Beats Band playing groovy disco beats on Wednesday, April 17. The lunch was provided by Sweet Memories Catering and funded by McGee Law Firm.
- Back in Motion Family Chiropractic held a one-hour educational session "Move and Feel Better with Stem Wave" on Friday, April 19.
- Humana provided prizes for the Friday, April 19 Bunco Tournament.
- Physical Therapy and Balance provide treats for National Cherry Cheesecake Day on Tuesday, April 23.
- National Pretzel Day was offered in partnership with Dean Owen Attorney at Law on Friday, April 26.

Upcoming Events

- Tarrant Area Food Bank six-week Healthy Eating Class will begin April 4.
- April trips include **Texas Rangers vs Washington Nationals** on Thursday, May 2. Members will try their luck at **Winstar** on Thursday, May 9. The Lunch Bunch will be **Benihana** hibachi in Las Colinas on Tuesday, May 14
- **Monthly Luncheon** – Wednesday, May 15 @ 11:00am in partnership with Premiere Senior Advisors and CenterWell Primary Care. Entertainment will include Ballet Folklorico DFW.