

Community Services Report: Senior Center

May 2025 (Stage 1 Xplor Software Implementation)

Senior Center Key Indicators

Indicator	May 2025	May 2024	FY25 YTD	FY24 YTD
Number of Classes/Programs	72	71	562	553
Program/Event Attendance	2,698	3,228	23,122	22,800
Total Attendance	2,504	2,837	21,012	21,962
Volunteer Hours	604	675	5,332	6,179
Average Daily Attendance	128	129	128	132

May NRH Senior Center Highlights

- Fitness Assessments were offered to registered members on Friday, May 2 as an assignment for Physical Therapy students at Texas Wesleyan. Students observed, assessed and recommended fitness routines for members.
- Mother's Day was observed on Friday, May 9 with Amerilife. Roses, cookies and punch were offered to registered members.
- The evening of Friday, May 9, the NRH Senior Center danced the night away at the Sounds of Spring - yacht rock concert. Lots of popcorn, food truck yummys and laughing took place – perfect spring weather!
- The seniors lunched at Rodeo Goat at Cypress Waters on Monday, May 12. On Thursday, May 15, the Center took two buses to the Fort Worth Stockyards and the John Wayne Museum to visit, shop and lunch.
- Encompass Health teamed up with the NRH Senior Center as a Gold Community Partner for the May 21 Monthly Luncheon. The music duo "The DeMores" sang hits from the 50, 60 & 70's.
- Atria at Hometown celebrated all that is "Turtle" on Friday, May 23 for World Turtle Day. Members broke into 6 teams to assemble a 100-piece turtle puzzle with fun swag going to the winning group. Turtle fudge and Blue Bell ice cream were distributed to all registered members.
- The NRH Senior Center 2025 Health Fair was offered on Wednesday, May 28. There were 45 Regular booth and 9 Prime booth vendors at this event offered from 10am – 1pm. Door prize drawings were given out every 10 minutes. Attendance at the event is estimated at 430 participants.
- The North Texas Area Agency on Aging took center stage at our quarterly nonprofit Lunch and Learn on Friday, May 30. Topics included federal Medicare rules and important contact information regarding the report of wrongdoing/scams.

Upcoming June Events

- **Xplore Roll Out** – Member conformation on Xplo accounts and downloading the app.
- **June Trips** will include The Hive & Sugar Bee Bakery in Arlington on Friday, June 20. DFW Car & Toy Museum Friday, June 27.
- **Fall Prevention Workshop** with Suvida Healthcare on Thursday, June 26.
- **Stroke Rehab** with Encompass Health on Monday, June 30.