

NEWSLETTER

**JANUARY
2026**

NRH2O FAMILY WATER PARK

NRH2O is proud to partner with Special Olympics Texas and NRHPD to host Polar Plunge on Saturday, February 7. All funds raised through Polar Plunge will directly support Special Olympics Texas by providing year-round sports training and competition, health initiatives, and inclusion programs for individuals with intellectual disabilities right here in our community. We're honored to support such an impactful event and look forward to coming together for a fun and meaningful day for an incredible cause. Register online: <https://www.classy.org/event/north-richland-hills-polar-plunge-2026/e734375>

RICHLAND TENNIS CENTER

The annual RTC Toys for Tennis tournament was held on December 13 and it had perfect weather. There were 56 players enjoying the Christmas themed tournament, music, food, and prizes. The tennis center collected 132 toys to be donated to the NRH Community Enrichment Center. RTC also hosted the Men's and Women's USTA Fall playoffs on December 5-7. Coach Sarah Swanston held her Christmas Camp for juniors on December 22-23 during the school's winter break and had a great turnout. These tournaments and events, along with a strong overall December, helped to make the month of December the best one ever.

Looking ahead to 2026, the in-house adult leagues will kick off on January 5. Also, all scheduled classes for juniors and adults will begin on January 5 following the end of the year 2-week break for the holidays. The start of a new year brings the winter tennis season beginning December 14 for USTA and TCD leagues with adults playing in the 40+, 55+, and 18+ social leagues. Participation in these leagues have brought RTC the most ever number of teams exceeding 40.



PARK MAINTENANCE & OPERATIONS



Park Operations staff have had a very productive winter. The weather has been very conducive to this point and has allowed staff and contractors to maximize productivity. The holiday decor setup at several facilities around the city took a substantial amount of time in November and December. Staff is now in the process of removing the decor and returning it to storage.

Several infrastructure projects began and are in various stages. The playground replacement at Legacy Park began over the BISD winter break and is now wrapping up. A couple sidewalk sections were added at the NRH Centre and a drainage project on the back side of the Centre will be starting in the coming weeks to resolve an issue that occurs during heavy rains.



PARK AND RECREATION NEWSLETTER

NRH CENTRE

The NRH Centre is currently running its New Year Membership Specials that include:

- Two-Week FREE Trial Membership: allows non-members to experience NRH Centre amenities prior to a member commitment.
- 10% Off Paid-in-Full Memberships
- 6-Month Membership Packages: includes packages for both Individuals or Families with or without Group Fitness classes included.



YOUTH PROGRAMS

NRH Centre Pre-School and Just for 3s finished out the year with lots of counting, creating, fine-motor and kinesthetic skills and parties including their families. Multi-generational cookie decorating in the Terrace was well attended and delicious! Ms. Candice Art Elf camp was also a hit with kids and parents.



FITNESS AND WELLNESS

The Wellness Division is currently marketing a robust January lineup of classes designed to support participants in revisiting goals, building confidence, and prioritizing overall well-being as the new year unfolds. Programming includes Resolutions Revisited, an early morning Boot Camp, a Vision Board class, Candlelight Yoga with intention setting, Sensory Zumba/Dance, a Teen Offline Challenge, and Empower Your Fitness: Lifting Fundamentals. Together, these offerings reflect a balance of physical fitness, mindfulness, creativity, and youth engagement.

In addition to new programming, the division is energized by recent equipment updates. New treadmills and weight machines enhance the fitness experience and support a wide range of ability levels, from beginners to seasoned participants. These upgrades reinforce the division's commitment to safe, modern, and accessible wellness spaces.



The Wellness Division will also continue to host Wellness Lobby Events as a member and guest benefit. These informal, high-impact experiences include spinal scans, guided stretching opportunities, partnerships with Natural Grocers, and additional pop-up wellness resources. These events provide convenient access to education, preventive care, and community connections while enhancing the overall member experience.

PARK AND RECREATION NEWSLETTER

NRH AQUATICS

November swim lessons completed with 65 participants for a total of 169.5 hours of lessons. Registration is underway for January Swim Lessons with 74 currently registered. Lessons begin the week of January 5, 2026.

Two of the Lead Lifeguards Ella Bland-Aman and Malachi McMahan completed their Lifeguard Instructor Training in November that was held at the NRH Centre. This is a rigorous, long 3-day weekend training that allows them to teach and train incoming team members to be a Lifeguard. While not mandatory for a Lifeguard Lead to be an instructor, this is a critical certification for our Leadership team not only for training new staff, also renewing current team members as they come due to expire. The Lifeguard certification is only valid for one year. Being a year-round facility, everyone's hire dates vary and those renewal dates come up often. The Lifeguard Instructors also lead monthly required in-services which ensures the Lifeguard team is always at test-ready level in the event of an emergency.

The December Splash Flix Movie was a double feature with 62 guests in attendance on Friday, December 12. The movies shown were Rudolph the Red-Nosed Reindeer and Frosty the Snowman. These were selected via a Facebook poll by the NRH Centre. There were fun holiday activities before the event, hot chocolate and popcorn served.



ATHLETICS

The Athletics Division's indoor programs continue this winter; however, outdoor field rentals will be closed through February. The Spring Softball season will resume in March 2026. Upcoming league offerings include Monday Men's E, Monday Men's Church, Tuesday Men's E Doubleheader, Wednesday Co-Ed Doubleheader, Thursday Men's E Doubleheader, and Sunday Co-Ed Doubleheader leagues. Additionally, Kickball will return to North Richland Hills and will be offered on Wednesday nights with the Wednesday Co-Ed Softball League.

Pickles n' Paddles Pickleball league has been underway since Wednesday, October 22, and wrapped up on December 17. The league for the next season is set to start on Wednesday, January 28 and offerings include a Recreation, Intermediate, and Competitive division.

The Fall season of the Volleyball league has been going on since November 4 and the fall season will be stretched through the new year to February. Offerings include Tuesday Intermediate B and Thursday Recreational.



The Run Run Rudolph 5k Event took place at NRH Rec Centre on Saturday, December 6 and 391 participants were on site for this event. One of the highest attended to-date.

PARK AND RECREATION NEWSLETTER

CULTURAL ARTS & EVENTS

Texas Jazz All Stars Concert

Ring in the New Year with Jazz! Join us for a FREE concert featuring the Texas Jazz All Stars (TeJAS). Enjoy an unforgettable evening of jazz favorites from the 1940s to today, performed by top student musicians from North Texas. See these All-Region and All-State performers who play at a professional level and have shared the stage with touring artists! The concert will be on Thursday, January 8, 2026 at 7 p.m. in the Grand Hall at the NRH Centre, 6000 Hawk Avenue. Admission is free, but reservations are required. Visit www.nrharts.com. Since 2010, TeJAS has showcased the area's best young talent while entertaining the community. Reserve your spot now and celebrate the New Year with incredible music!



NRH Spring Gardening Seminar

Common Ground NRH Community Garden invites you to a free Spring Gardening Seminar on Saturday, February 21, starting at 9 a.m. in the Grand Hall at the NRH Centre, 6000 Hawk Ave. Gardening experts will speak on a variety of topics and answer all of your gardening questions. Admission is free. You can find more information at www.nrhcommunitygarden.com.

Daddy Daughter Dance

Dads, grandpas and uncles are invited to bring their daughters, granddaughters and nieces to the 2026 NRH Daddy Daughter Valentines Dance on Saturday, February 21 in the Grand Hall, 6000 Hawk Ave. This special evening will include dancing, refreshments, photographs and more! The dance does sell out, so get your tickets early. No tickets will be sold at the door.

Dance Times: Ages 3-6 4 PM - 5:30 PM & Ages 7-11 6 PM - 7:30 PM

This popular event sells out every year, and no tickets will be sold at the door. Register today to ensure you don't miss out on this special tradition. Tickets at: <https://bit.ly/2026NRHDaddyDaughterDance>
Questions? Call 817.427.6600.



PARK AND RECREATION NEWSLETTER

NRH SENIOR CENTER

Holiday festivities kicked off on December 3 with the Christmas/Winter Mug Exchange, where 36 members joined in the fun. The highlight was a lively dice game, as participants rolled a large die to determine whether they switched places, swapped, or "stole" a beautifully wrapped mug.

On December 10, the Second Annual Caroling Caravan brought holiday cheer to several locations. Two busloads of seniors, dressed in their festive attire, visited City Hall, Encompass Health, Green Valley Healthcare, and the NRH Library, singing carols and spreading joy everywhere they went. The group even made a spontaneous stop at Andy's for a sweet custard treat before their final destination at the Library.

The Senior Center Volunteer Appreciation Party took place on December 11, bringing together more than 75 volunteers for a celebration filled with music, food, and camaraderie. The Gratitude Guru Volunteer Team played a key role in organizing this merry event.



Later in the month, the December Monthly Luncheon, co-hosted with Palm Primary, filled the Grand Hall with 209 members. The Luncheon Decoration Team transformed the space with a charming penguin theme, complemented by delicious Fettuccini Alfredo from Italianni's. Kristen Coiner of Kristens Keys DFW provided a beautiful backdrop of piano music. Wrapping up the month on Tuesday, December 23, the NRH Singers entertained 52 members in the Activity Room with a delightful mix of festive carols and holiday hymns. The year concluded on a high note as over 120 members gathered for the lively "Noon" Year's Eve Celebration, kicking off the festivities at 11:30 a.m. and ringing in the New Year together.



GRAND HALL

The Grand Hall was buzzing with activity during November and December including 18 corporate events, 14 social events and 11 internal events totaling over 4,300 guests. Staff decked out the ballrooms, lobby and Terrace with holiday décor and a seasonal hot cocoa and tea bar was provided complimentary with all Terrace bookings.

In addition to the many private parties hosted, the Grand Hall was proud to serve the following city events: Economic Development Business Appreciation Luncheon, Annual Tree Lighting, Senior Center Monthly Luncheons, Lean Trainings and more. After the holidays, the staff conducted a deep cleaning of the facility, including shampooing carpets to get ready for another successful year.



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