

NEWSLETTER

JULY
2026

THE POWER OF PARKS AND RECREATION



JULY IS NATIONAL PARKS AND RECREATION MONTH

This July, North Richland Hills Parks & Recreation and the National Recreation and Park Association invite everyone to celebrate the individuals, spaces, and programs that celebrate "The Power Of..." by participating in Park and Recreation Month! Throughout the month, we're celebrating the many ways parks and recreation services reveal the power of what connects us. Some highlights this month include:

July 1-31 - The Power of Parks Scavenger Hunt (Details Below)

Tuesday, July 7 - Bike and Hike Series at Cross Timbers Park at 6:30 p.m.

Tuesday, July 7 - POP-UP Gallery Art Reception - Land That I Love at 5:30 p.m.

Friday, July 10 - NRH Summer Movie in the Park showing *How To Train Your Dragon*

Wednesday, July 22 - Popsicles in the Park at 10 a.m. (Northfield Park, Adventure World & Linda Spurlock Park)

THE POWER OF PARKS
SCAVENGER HUNT!
EXPLORE. SNAP. CONNECT.

Celebrate National Park & Recreation Month this July with an outdoor adventure across North Richland Hills!

Visit parks, snap selfies at featured landmarks, complete bonus challenges, and submit your passport for a chance to win fun prizes!

NRH PARKS & RECREATION

VISIT PARKS **TAKE SELFIES** **COMPLETE BONUS CHALLENGES** **WIN PRIZES**

JULY 1 - JULY 31

DOWNLOAD YOUR PASSPORT TODAY!

Complete at least 8 park locations
Submit your completed passport by July 31
Winners announced August 5

Scan the QR code or visit bit.ly/2026NPRM

The Power of Parks Scavenger Hunt!

It is easy to join in for a chance to win a Parks Prize pack!

- The Power of Parks Scavenger Hunt begins July 1 and ends on July 31.
- Complete at least 8 locations on the passport and submit it by July 31 for a chance to win one of ten Prize Packs!
- Either email us the completed Power of Parks Passport to nrhpark@nrhtx.com, or turn it in at the NRH Centre (6000 Hawk Ave), or the Lobby Desk at NRH City Hall (4301 City Point Dr).
- Winners of the Prize Packs will be announced by August 5, 2026.

Power of Parks Passport

Check out the Power of Parks calendar to see all the exciting activities planned for you all month long. Download [HERE](#).

THE POWER OF PARKS AND RECREATION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Commit to getting out in Nature Right Here for Parks & Recreation Month!	The Power of Parks Scavenger Hunt All Month!	1 Family Fireworks on the 1st of 5 PM! https://www.nrh.org/events	2 Kick off the month with a walk on the beautiful Miller Trail System. Set a goal to hit your favorite trail at least once a week!	3 Play a game of disc golf at Cross Timbers Park.	4 4th of July	
5 Be sure and carry plenty of WATER when doing outdoor activities this July!	6 Explore a new part of the NRH Trail System! Try the John Burdett Trail and enjoy a hike ride or nature walk.	7 Bike & Hike Cross Timbers Park 6-8 p.m. Pop-Up Selfie Reception - Land That I Love 8:00 PM Grand Trail	8 Relax your body & mind with yoga or meditation at the NRH Centre.	9 Join an adult tennis beginner class at RTHC. Call them for details.	10 Summer Movie in the Park @ NRH Centre How To Train Your Dragon @ 7:30 PM	11 Grab your fishing pole and enjoy fishing at Green Valley Park.
12 Play basketball, tennis, sand volleyball or have a picnic at Northfield Park.	13 Try out a new activity or exercise class at the NRH Centre.	14 Challenge a friend to a game of pickleball at Northfield Park.	15 Get outside and have a Walking Wednesday.	16 Talk someone to PLAY at Adventure World Playground!	17 Bring your bike and helmet to Fossil Creek Park and try out the Pump Track and Bike Playground.	18 Play some tennis at the Richland Tennis Center.
19 Visit Linda Spurlock Park & walk along the Penny Trail or watch the ducks at the pond.	20 Take your furry friend to have some play time at Topsy Canine Hollow Dog Park.	21 Take an evening walk on NRH's over 30 miles of trails.	22 Popsicles in the Park 10 AM - Noon! Northfield Linda Spurlock Adventure World	23 Explore Cross Timbers Park's trails and look for flowers & wildlife.	24 Cool off by spending the day at NHSD's Family Water Park!	25 Grab a Day Pass at the NRH Centre and enjoy walking, rollers or swimming.
26 Grab your bike and check out the Fossil Creek Mountain Bike Trails.	27 Pack a picnic with fresh fruit and sandwiches for a classic family picnic at Northfield Park.	28 Grab your fishing pole and enjoy fishing at HomeTown Lakes.	29 Play a game of disc golf at Cross Timbers Park.	30 Take your furry friend to have some play time at Topsy Canine Hollow Dog Park.	31 The Power of Parks Scavenger Hunt Ends Today!	

NRPA'S PARK AND RECREATION MONTH

NRPA NATIONAL RECREATION AND PARK ASSOCIATION www.nrpa.org/july Presented by **USTA**

PARK AND RECREATION NEWSLETTER ::

NRH2O FAMILY WATER PARK



Summer is in full swing at NRH2O Family Water Park with slide nights on Fridays in June and July. Guests can enjoy a DJ, foam machine, discounted admission, and food specials until 9 p.m.! On June 25, NRH2O partnered with the NRH Centre to host the World's Largest Swimming Lesson to spread the message that swimming lessons save lives. NRH2O is one of two locations that has participated in the event since it started in 2010.



RICHLAND TENNIS CENTER

Richland Tennis Center continues to have great participation in junior summer camps. Daily and weekly camps will run through the end of July. Several local high schools are organizing practice matches throughout the summer months at RTC in preparation for the upcoming school season. Many RTC league captains are also utilizing courts for practice matches.



RTC would like to welcome a new pro, Mark Gloets, who will be specializing in private and group lessons for juniors and adults. Congratulations go out to RTC's 3.5 Men's USTA team captained by Michael Love for qualifying for Sectionals. RTC's own staff members are part of this winning team, Melo Moala, Brian Disney, and Landon Love.



PARK MAINTENANCE & OPERATIONS

Summer is underway and the parks have received a significant amount of rain. While the rain has been helpful in making plant material thrive, it creates different challenges for most facets of Park Operations. Just like the grass, rain also increases the growth of trees across the greenspaces. Staff have been pruning trees around the parks, trails, and facilities. The significant rains also increase mowing needs on the athletic fields and the baseball and softball diamonds require additional inputs to make sure the infields are playable. Irrigation crews have not had to worry as much about the irrigation systems, but have focused efforts on resolving drainage issues that expose themselves during these rainy months.



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NRH CENTRE

The NRH Centre current membership special offer runs through July 31, 2026. Membership offerings include 10% off all Paid-in-Full Memberships, 6-Month Membership for Adults/Families with or without Group Fitness included as well as a 2-Week Free Trial for all non-members.

YOUTH PROGRAMS

The Youth Division took the momentum of spring programming into summer with over 50 camps offered this summer. Gymnastics camps had 76 participants in June and 30 more registered in July. Youth STEM camps have done well with kids learning about engineering, physics and math. Camp NRH has enjoyed a great summer with many of activities at the NRH Centre. The kids have also visited NRH2O, Green Valley Park and Bowlero. Every Friday Camp NRH swims in the NRH Centre pool.



AQUATICS

In May, NRH Centre Aquatics had 20 students enrolled in a mini session of private swim lessons, as well as 41 pool parties booked and hosted. The Aquatics facility also hosted several end-of year school events, including two homeschool groups for pool visits, the Smithfield Middle School tennis team party, River Trails Elementary 6th grade party, and Hurst Hills Elementary 6th grade party. On May 11, Sarah Hageman and Amanda Hamiter attended a PTA meeting at North Ridge Elementary to promote water safety to families in attendance. Sarah and Amanda also promoted water safety with a booth at the Honor Connor 5K on May 16.

NRH Centre Aquatics is now in the full swing of summer. In June, 203 students are enrolled in swim lessons, and Saturday morning swim lessons are being offered again. So far, 27 pool parties have been booked in the month of June. Between the months of May and June, NRH Centre Aquatics hosted three Boy Scout troops and one Trail Life troop for swim tests, as well as one individual Boy Scout, for an estimated 70 scouts and parents tested. Aquatics also sent swim lesson instructors to NRH2O to teach the World's Largest Swim Lesson on Thursday, June 25.



FITNESS

The Wellness Division continues to follow its equipment replacement plan to ensure fitness equipment remains current, safe, and in excellent working condition for members and guests. This month, several new replacement pieces of equipment were installed, including rowers, assault bikes, stretch stations, an ab crunch machine, and a new leg and glute strength training line featuring a seated calf raise, leg press, pendulum squat, glute drive, and Smith machine. These planned investments help maintain a high-quality fitness experience while extending the life cycle of equipment throughout the facility.

The Wellness Division continues to expand enrichment and wellness programming opportunities for the community. June offerings included a variety of yoga and mindfulness classes, such as Sun Salutations and Breathwork, Honoring the Sun with Yoga Nidra, Vinyasa Flow, Yoga Pals/Couples, and a Yoga/Mindfulness Kids Adventure. In addition, participants had the opportunity to develop creative skills through a series of calligraphy workshops, including Lettering, Pointed Pen, Broad-Edge, and Brush Lettering.

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BIKE AND HIKE SERIES CONTINUES

The June monthly bike and hike series was postponed due to weather and is now scheduled for Tuesday, July 7 at 6:30 p.m. starting from Cross Timbers Park, 7680 Douglas Ln. The Bike and Hike Series provides a great monthly opportunity to get outside in Nature Right Here and be active in a fun and welcoming setting.

- The recreational bike rides are 9–12 miles and the routes incorporate trail and on-road.
- The wellness hikes are 1-2 miles within the loop trails of the park and led by staff.
- Individuals, groups, and families are welcome.
- Bring your water bottle, and if riding a bike please wear safety helmet during the ride.

Thank you to our bike ride partners, Medical City North Hills and Sunrise Bicycle Shop.



More information [here](#).

ATHLETICS

The Athletics Division is currently transitioning into the Summer I with indoor and outdoor sports programs. The Summer I Adult Softball season is beginning and will run through late July and early August. Current league offerings include Monday Men's E Doubleheader, Tuesday Men's E Doubleheader, and Thursday Men's E Doubleheader.

Pickles n' Paddles Pickleball league will begin its next season on Wednesday, July 22, 2026. The league offers Recreation and Intermediate divisions.

Adult Volleyball has been in its summer season since May and will continue through the second week of July. Current offerings include Intermediate B and Thursday Recreation Divisions, with a free agent registration option available on Thursdays. The next volleyball season is scheduled to begin on Tuesday, August 25 and Thursday, August 27, 2026.



PARK SYSTEM MASTER PLAN UPDATE

The City of North Richland Hills is updating its Parks, Recreation and Open Space Master Plan, and community input is an ongoing part of the process.

The NRH Parks & Recreation Department has been guided by a master plan since 1992, with updates every 5–10 years. The update process includes four phases, and we are currently in Phase 1, which focuses on gathering data and community input through several methods:

- A statistically valid survey that was mailed the week of May 11 to randomly selected NRH households.
- A public open house for NRH residents was held on Wednesday, June 10 at the Grand Hall.
- An online survey for the community at large is open [here](#) until June 30.
- Additional in-person engagement opportunities at events and in parks.
- We look forward to hearing from residents throughout Phase 1.



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CULTURAL ARTS & EVENTS

PLAY TODAY FUN AT GREEN VALLEY PARK

Parks and Recreation hosted a Play Today NRH on Saturday, June 13 at Green Valley Park. Lots of families helped us celebrate in Nature Right Here with a morning of free play that included games and activities to help keep play a vital role in the lives of children. Richland Tennis Center staff was also on hand with Tennis Demonstrations, helping participants play tennis. Also, thank you to our sponsors HTeaO on Davis and N. Tarrant and Andy's Frozen Custard for providing cool treats, and local Card My Yard donated the Play Today Photo Op!

Upcoming Dates:

Friday, July 10

Play at 7:30 p.m., Summer Movie 8:30 p.m. NRH Centre Plaza

Saturday, September 12

Adventure World Nature Walk 9:30 a.m. to 11 a.m.



POP-UP GALLERY ART RECEPTION

Join NRH Cultural Arts in honoring the artists represented in the current NRH POP-UP Gallery show, *Land That I Love*.

This reception is held in July during National Park and Recreation Month and coincides with America's 250th, celebrating the enduring beauty of the American landscape with artworks that capture the majesty of it's land and skies.

Light refreshments and snacks will be served.

FREE RSVP [HERE](#)

Event Details:

July 07, 2026, 5:30 p.m. – 7:00 p.m.

Grand Hall at NRH Centre

6000 Hawk Ave, North Richland Hills, TX 76180



The Exhibition dates are June 1 - August 4, 2026 in the Grand Hall

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SUMMER MOVIE IN THE PARK

Join NRH Parks and Recreation for a Movie in the Park this summer.

Help us celebrate July as National Parks and Recreation Month with an evening of free play that includes games and activities, then enjoy the family movie *How to Train Your Dragon 2025* (PG) on Friday, July 10 in the NRH Centre Outdoor Plaza between the NRH Centre, 6000 Hawk and the NRH Library, 9015 Grand Ave.

Gates open at 7:30 p.m. and the movie will begin at dusk around 8:30 p.m. Everyone will enjoy lots of bubbles, games and activities before the movie.

All ages are welcome, feel free to bring picnics but please no glass containers. CPAAA will be on hand with popcorn, candy and water for purchase. Seating is on the lawn so be sure and bring chairs or blankets. Parking is available in the NRH Library Parking lot, or the NRH Centre Parking Lot.

Thank you to our community partners: the City of NRH and Hounds Town NRH.

Grab your neighbors and come join the fun!



POPSICLES IN THE PARK

Parks and Recreation is serving up sunshine, sweets, and smiles for National Parks and Recreation Month with Popsicles in the Park!

NRH Park Operations staff will be out in the community handing out cool, refreshing popsicles to help the community beat the heat. Bring the kids, meet Parks Staff, and enjoy a sweet treat on us as we celebrate The Power of Parks and Recreation!

When: Wednesday, July 22 at 10:00 a.m.

Where (3 NRH Park Locations!):

Northfield Park (7804 Davis Blvd)

Adventure World Playground (7451 Starnes Rd)

Linda Spurlock Park (6400 Glenview Dr)

We can't wait to see you there!



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NRH SENIOR CENTER

The Senior Center hosted a Mother's Day Tea on Friday, May 8, welcoming 60 members for an afternoon of fellowship and celebration. The event featured a variety of finger foods, games, and social activities. The program was coordinated by Center staff with the assistance of two volunteer team members.

The Tarrant County District Attorney's Office presented a Senior Scam Prevention seminar during the quarterly Lunch & Learn on Monday, May 11, with 66 members in attendance. The presentation highlighted current fraud trends targeting older adults, including romance and cryptocurrency scams, and provided practical tips to help participants recognize warning signs, protect personal information, and avoid becoming victims of financial exploitation.

The NRH Senior Center hosted its annual Health Fair in the Grand Hall on Wednesday, May 27, in recognition of National Senior Health and Fitness Day. The event welcomed 370 attendees and featured 56 vendors, each providing a health- or wellness-related component at their booth. While designed to promote healthy living and connect older adults with valuable community resources, the Health Fair was open to all ages.



GRAND HALL

May was a strong month for Grand Hall, generating \$40,590.65 in revenue while welcoming approximately 2,900 guests. The venue maintained a full schedule of events, hosting a diverse mix of activities, including 11 corporate events (including two multi-day events), two school banquets, two graduation ceremonies, seven social celebrations, and 13 internal functions.

In addition to private rentals, Grand Hall proudly supported several community and City-related events, including the NRH Centre Dance Recital, NRH Centre Preschool Graduation, NRH Pop-Up Gallery Closing Art Reception, NRH Senior Center Health Fair, and NRH Senior Center Monthly Luncheon. Other City-hosted events included the NRH Director's Luncheon, NRH Capital Program Advisory Committee Meeting, and NRH20 training sessions.

The Grand Hall launched a 10-week internship program in partnership with the University of North Texas Hospitality Management Division, providing hospitality students with valuable hands-on industry experience. Beyond offering mentorship and professional development opportunities, this partnership is expected to strengthen Grand Hall's talent pipeline, helping attract future hospitality professionals who can contribute fresh perspectives, innovation, and support for evolving business operations.



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