

Community Services Report: Senior Center

September 2024

Senior Center Key Indicators

<i>Indicator</i>	<i>September 2024</i>	<i>September 2023</i>	<i>FY24 YTD</i>	<i>FY23 YTD</i>
Number of Classes/Programs	75	65	829	806
Program/Event Attendance	3,077	2,377	34,673	31,736
Total Attendance	2,922	2,594	33,600	30,417
Volunteer Hours	757	1,109	8,798	9,838
Average Daily Attendance	146	130	134	121

July NRH Senior Center Highlights September

- The American Heart Association instructed hands only CPR on Thursday, September 5.
- Ashford Insurance provided prizes for three Bingo activities offered on September 5, 11, & 25.
- AmeriLife partnered with the Center to celebrate August birthdays on Monday, September 9.
- National Chocolate Milkshake Day was held on September 12 with treats provided by Encompass Health.
- AmeriLife offered "Fundamentals of Long-Term Care" on Monday, September 16.
- Texas Rehabilitation Hospital of Keller teamed up with the center to offer National Guacamole Day on Monday, September 16.
- Tom Thumb Pharmacy joined forces with the Center to offer a flu shot clinic on Tuesday, September 17.
- We Care Medicare Specialists partnered with the Center to sponsor the September Monthly Luncheon on Wednesday, September 18.
- The monthly tournament, in partnership with Fyzical Therapy and Balance was offered on Friday, September 20.
- The seniors traveled to Lewisville on September 12 for the Main Street Café Lunch Bunch and to Grapevine September 30 for Meow Wolf.
- Fall Prevention Week, September 23-27 showcased daily activities lead by center staff and Encompass Health.
- The Center commemorated National Senior Center Month with CELEBRATE Dance and Social on Wednesday, September 25. This Special event was held in the Grand Hall and included as band and Gold Level Community Partners assisting with refreshments.

Upcoming October Events

- **Monthly Luncheon** – Wednesday, October 16 @ 11:00am in partnership with Nations Insurance Solutions. The annual costume contest will be showcased prior to the lunch.
- The **Annual Center Craft Fair** will take place Wednesday, October 23 and Thursday, October 24 from 11am – 6pm each day.
- The **rescheduled Picnic in the Park** at Northfield park will be held on Monday, October 28.
- **October trips** include Café Homestead in Waco on Monday October 1 and the State Fair of Texas Thursday, October 10.